Re-Juvenate Pilates Group Lesson Schedule



Time	Mon	Tue	Wed	Thurs	Fri	Sat	Sun
8:00~ 8:50		**Reformer** *Kathy*	**Reformer** *Mei*	**Reformer** *Yuki*	**Reformer** *Taeko*		
9:00~ 9:50				**Reformer** *Kathy*		**Reformer** *Mei*	
10:00~ 10:50		**Reformer** *Naomi*	**Reformer** *Taeko*		**Reformer** *Meg*	**Reformer** *Meg*	**Reformer** *Risako*
11:00~ 11:50	**Reformer** *Naomi*	**Reformer** *Taeko*	**Reformer** *Mei*	**Reformer** *Yuki*	**Reformer** *Taeko*	**Reformer** *Taeko*	**Reformer** *Meg*
12:00~ 12:50	**Reformer** *Keiko*	**Reformer** *Maiko*	**Reformer** *Taeko*	**Reformer** *Meg*	**Reformer** *Meg*	**Reformer** *Meg*	**Reformer** *Risako*
13:00~ 13:50			**Reformer** *Meg*			**Reformer** *Mei*	
14:00~ 14:50						**Reformer** *Taeko*	**Reformer** *Meg*
15:00~ 15:50						**Reformer** *Maiko*	
16:00~ 16:50							
17:00~ 17:50							
18:00~ 18:50		**Reformer** *Taeko*	**Reformer** *Naomi*				
19:00~ 19:50	**Reformer** *Risako*	**Reformer** *Taeko*	**Reformer** *Meg*	**Reformer** *Meg*			
20:00~ 20:50				**Reformer** *Meg*			

スケジュールおよび講師は予告なしに変更となる場合がございます。最新の詳細は予約システムをご確認ください。